



# Illinois Maternal Health Innovation Program Illinois DocAssist

## ABOUT THE INNOVATION

Illinois DocAssist (IDA) is a free service for Illinois health care providers for mental health consultation on perinatal and pediatric mental health concerns. From 2019-2021, IDA received **Maternal Health Innovation** funding to develop new **training** focused on perinatal mental health topics and to increase **outreach** to perinatal providers across the state.

**Goal:** Enhance the work of Illinois DocAssist to expand psychiatric consultation telehealth services in central and southern Illinois.

## STRATEGY #1: Training

Through this funding, three new trainings were developed:

1. Perinatal Depression for the Primary Care Provider
2. Perinatal Substance Misuse
3. Identifying and Treating Perinatal Anxiety

These trainings were offered as live education events and are also available on the IDA [website](#).

## STRATEGY #2: Outreach

Outreach activities focused on building relationships with providers in Central and Southern Illinois, IDA leveraged partnerships with the state's Administrative Perinatal Centers (APCs) to attend quarterly meetings with birthing hospitals and organize facility-level trainings.

Trainings were also shared via the Illinois Maternal Health Task Force list serv, an email list of over 100 public health partners from across the state.

## Key Elements for Success



Collaborating with APCs reached new providers who had not previously used IDA consultation services

Case examples highlighting when IDA consultation services might be indicated were embedded into each training.

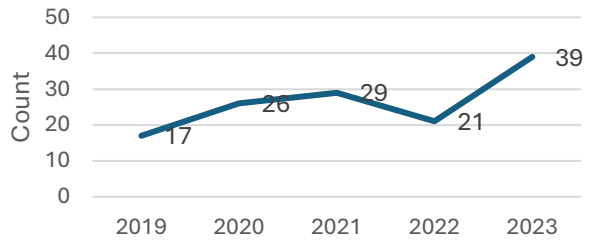


Created new webpage to house trainings and resources as enduring content. Live webinars were provided early morning and noontime to increase participation.

## Data

From training development through June 2024, Illinois DocAssist provided over 15 live trainings resulting in approximately 350 providers trained. Most providers trained were nurses.

Perinatal-related consultations have increased since 2019:



## About I PROMOTE-IL

I PROMOTE-IL (Innovations to ImPROVe Maternal OuTcomEs in Illinois) is one of the nine original projects funded by the Health Resources and Services Administration's State Maternal Health Innovation Program in 2019. This program was developed to support states implementing novel approaches to address maternal mortality and morbidity. I PROMOTE-IL is housed at the University of Illinois- Chicago and was funded from 2019-2024. Visit our website:

<https://ipromoteil.org/>.