



Illinois Maternal Health Strategic Plan: Summary and Accomplishments

2021-2024 Version 5 - June 2024



Table of Contents

01

Introduction	-•	03
The Maternal Health Task Force	-•	05
Task Force Committees	-•	06
About this Version of the Strategic Plan	-•	07
02		
The Illinois Maternal Health Strategic Plan	-•	80
Care Coordination and Case Management09		
Community Access, System Equity, and Education (CASE)		
Root and Structural Causes of Health Inequity16		
Maternal Health Data to Action19		
07		
Acknowledgments	-•	21
08		~~
References	-•	22



Introduction

Introduction

Illinois was one of nine states to receive State Maternal Health Innovation (MHI) Program funding in 2019 from the Health Resources and Services Administration (HRSA). Its MHI program, Innovations to ImPRO Maternal OuTcomEs in Illinois (IPROMOTE-IL), led by the University of Illinois Chicago, convened the Illinois Maternal Health Task Force (Task Force) in March 2020 to establish the Illinois Maternal Health Strategic Plan (Strategic Plan). The first version of the Strategic Plan was published in <u>February 2021</u>, with additional versions published periodically to reflect progress made by the Task Force during the previous months oryear of implementation:

- Version 2: <u>April 2022</u>
- Version 3: January 2023
- Version 4: <u>November 2023</u>

This document, Version 5: June 2024, represents the culmination of multiple partnerships and collaborations of Task Force members working together to reduce maternal health inequities in Illinois since 2020.

The Strategic Plan was intended to guide, support, and/or strengthen the efforts of multiple organizations, groups, and individuals to address the maternal health crisis in Illinois. All strategies in the Strategic Plan were developed based on recommendations from the <u>2021 Illinois Maternal Morbidity and Mortality report</u>, other maternal health data, and approaches being adopted to address maternal health inequities in other locales across the nation [1]. Many of the strategies also align with the <u>White House Maternal Health Blueprint</u>, published in June 2022 [2]. Importantly, the Strategic Plan is a living document that has transformed as strategies were adopted or enacted.

The Task Force is comprised of over 100 stakeholders from across the state and includes representatives from governmental agencies, non-governmental agencies, community organizations, academia, the Illinois state legislature, Illinois' Maternal Mortality Review Committees (MMRCs), health care entities, and other professional organizations focused on maternal and child health. The vision, mission, and values of the Task Force follow.

The Illinois Maternal Health Task Force

VISION

Health equity for women, pregnant persons, and families in Illinois, across race, ethnicity, class, geography, immigration status, and ability, where all have what they need to be healthy and reach their full potential.

MISSION

To provide leadership in developing statewide strategies to reduce maternal morbidity and mortality and to achieve maternal health equity by eliminating disparities and improving the overall health of women, pregnant persons, and families in Illinois.

VALUES

The values of the Task Force describe how we strive to work both as a group and in collaboration with stakeholders, communities, and other partners, as the Strategic Plan is designed and implemented.

Equity

We acknowledge that racial, ethnic, social, geographic, economic, ability, and gender disparities cause inequities in maternal and infant health outcomes in Illinois. We commit to applying an equity lens to all our decisions and actions.

Collaboration

We respect and engage with our partners and incorporate the contributions of diverse stakeholders in an authentic and sincere manner with a focus on inclusion.



Quality

We commit to using the best available scientific evidence to guide our priorities, decision- making, and actions.

Science/Evidence

We promote the highest quality maternal and family health care, practice, and policies at all levels of our work.



Community Empowerment

We value individuals and communities as a vital part of improving maternal health in Illinois and we commit to respect, listen, and respond to the needs and goals of multiple diverse communities.

Task Force Committees

In the first year of planning and implementation, the Illinois Maternal Health Task Force consisted of five committees reflecting the five strategic priority areas identified by members as essential to address through the Strategic Plan:

- Care Coordination and Case Management
- Public Education and Community Empowerment and Engagement
- Equal Access to High Quality Care
- Root and Structural Causes of Health Inequality
- Maternal Health Data for Action

In the second year of implementation, in response to discussions at a July 2021 Strategic Plan Leadership Retreat, the Public Education and Community Empowerment and Engagement Committee and the Equal Access to Care Committee joined to form the Community Access, System Equity, and Education (CASE) Committee. The transformed committee structure, and associated committee objectives are shown below.

Illinois Maternal Health Task Force Committees and Corresponding Strategic Plan Objectives

Care Coordination and Case Management Expand coordination of maternal and early childhood systems of care



Maternal Health Data for Action

Increase awareness, access, and use of maternal health data, data systems, and resources to inform efforts to reduce severe maternal morbidity and maternal mortality



Community Access, Systems Equity, and Education (CASE)

Ensure all pregnant and postpartum persons have equitable access to quality care and disseminate information on resources, healthcare services, and patients' rights to pregnant persons, families, and communities ΔΔ

Root/Structural Causes of Health Inequity

Address social and systemic issues that alter pregnant and postpartum persons' ability to be healthy across the reproductive continuum

About this Version of the Strategic Plan

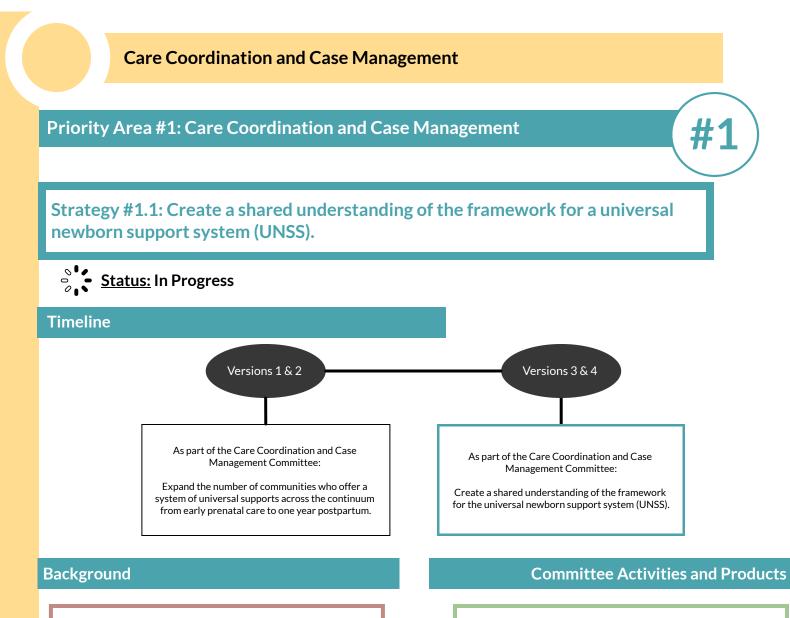
This document, the Illinois Maternal Health Strategic Plan Version 5: June 2024, outlines the evolution of the Strategic Plan from January 2021 to June 2024. Notably, over the life of the Strategic Plan, some strategies morphed, some strategies were discontinued, and many were added.

As such, organized by the four current committees, we present the most recent strategies (as listed in Version 4), and their current status with respect to achievement. We also provide a timeline for each strategy, indicating if changes were made across each of the versions of the Strategic Plan. For each strategy, we provide the data and recommendations on which the strategy is based (Background), specifically noting connections to the recommendations of the Illinois MMRCs as provided in the <u>2021 Illinois Maternal Morbidity and Mortality</u> <u>Report</u>, as well as connections to the <u>White House Maternal Health Blueprint</u> [1,2].

This document also provides information on Task Force Committee activities, products, and deliverables associated with each strategy. The deliverables and products do not necessarily correlate one-to-one with the strategies in each iteration of the Strategic Plan as changes were made in real time to be responsive to the changing environment. However, the information presented in this document is true to the work of the Illinois Maternal Health Task Force, which reflects the changing landscape of maternal health in Illinois over the last several years.



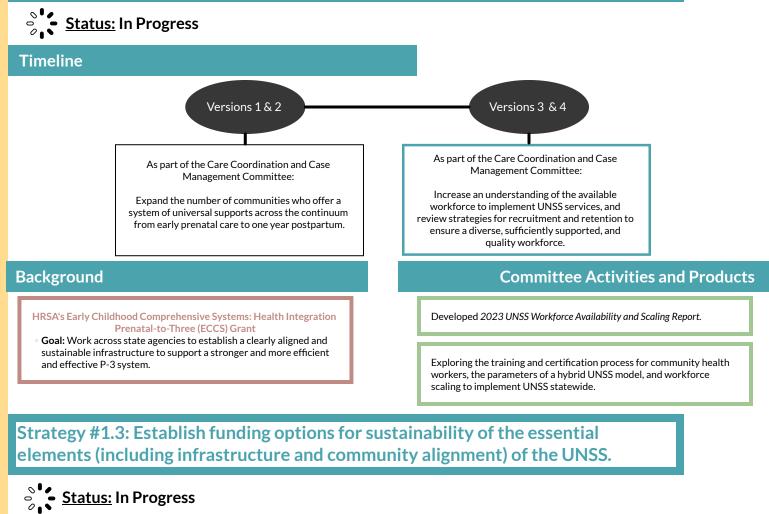
The Illinois Maternal Health Strategic Plan: Evolution January 2021 - June 2024

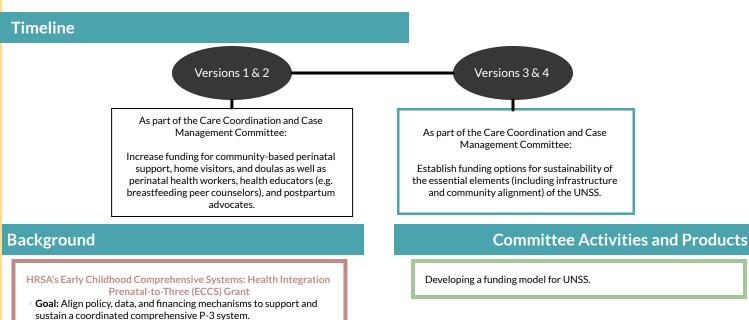


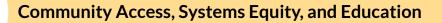
HRSA's Early Childhood Comprehensive Systems: Health Integration Prenatal-to-Three (ECCS) Grant

 Goal: Enhance the Prenatal-to-Three statewide maternal and early childhood system of care by establishing a Universal Newborn Supports System (UNSS) that better connects parents and babies to programs and services. Developed an equity focused rubric to assess and select a framework for a statewide, comprehensive approach to UNSS.

Began a review of evidence-based and "Promising Practice" models using the above rubric in order to provide a recommendation for a model framework for a statewide, comprehensive approach to UNSS. Strategy #1.2: Increase understanding of the available workforce to implement UNSS services, and review strategies for recruitment and retention to ensure a diverse, sufficiently supported, and quality workforce.







Strategic Priority Area #2: Community Access, Systems Equity, and Education (CASE)

Strategy #2.1: In collaboration with community partners, leverage the implementation of the Illinois Title V Program-supported women's reproductive/perinatal health Toolkit, <u>Healthy Choices, Healthy Futures</u> (HCHF), to ensure that it is widely disseminated through appropriate consumer and professional networks and media platforms.



Status: Achieved

Timeline

Versions 1, 2, & 3

As part of the Public Education and Community Engagement Committee and the CASE Committee:

In collaboration with community partners, leverage the implementation of the Illinois Title V Program-supported women's reproductive/perinatal health toolkit, <u>Healthy</u> <u>Choices, Healthy Futures (HCHF)</u>, to ensure that it is widely disseminated through appropriate consumer and professional networks and media platforms.

Background

2021 MMRC Recommendations

- For Community-Based Organizations
- Community-based organizations should educate women on the importance of getting prenatal care early in pregnancy to improve healthy pregnancy outcomes and to increase the opportunity to optimally parent her child.
- Community-based organizations should disseminate public education materials to increase awareness of postpartum warning signs, including postpartum depression, and should develop supportive programs to help women get the care they need.

White House Blueprint on Maternal Health

Goal 2: Ensure Those Giving Birth are Heard and are Decisionmakers in accountable Systems of Care.

Committee Activities and Products

#2

Aided in the implementation, dissemination, and evaluation of EverThrive IL's <u>HCHF</u> Toolkit as the main Title V supported reproductive/perinatal toolkit aimed at Illinois women, birthing persons, and other consumers.

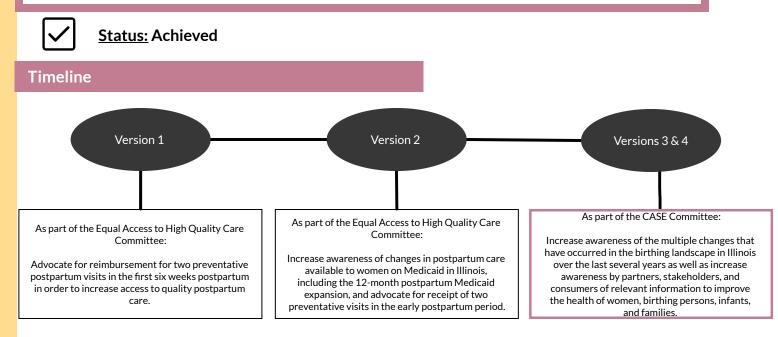
Disseminated the <u>HCHF</u> Toolkit through the Task Force member's networks and included the link to the Toolkit as part of the <u>Maternal</u> <u>Health Digital Resource Library</u>, created by the CASE Committee.

Strategy #2.2: Explore the development of a culturally tailored, client-oriented, strengths-based Provider Toolkit with community and provider partners and disseminate through Illinois provider networks and media platforms.



Status: Discontinued after Version 1 (due to lack of resources)

Strategy #2.3: Increase awareness of the multiple changes that have occurred in the birthing landscape in Illinois over the last several years as well as increase awareness by partners, stakeholders, and consumers of relevant information to improve the health of women, birthing persons, infants, and families.



Community Access, Systems Equity, and Education

Background

2021 MMRC Recommendations

- For Hospitals: • Should connect pregnant/postpartum women to care coordination and social services prior to discharge, including an early postpartum visit within the first three weeks.
- Have patient education materials on potential warning signs of complications through first year postpartum.

For Health Care Providers:

- Pregnant/postpartum people with complex medical or mental health care professionals should be referred to specialists with a "warm handoff" and timely postpartum follow-up care should occur with an obstetric provider and appropriate medical specialists.
- Women discharged from the hospital should have postpartum care visits scheduled at 3 weeks postpartum and 12 weeks postpartum.
- Provide comprehensive contraceptive counseling and access and promote reproductive justice through shared medical decision making.

For Health Insurance Plans:

 Health Insurance plans, including Illinois Medicaid, should encourage a continuum of postpartum care and allow reimbursement for multiple postpartum visits for all women.

For State Agencies and Partners:

 Community-based organizations should provide education on getting prenatal care and disseminate information to increase awareness of postpartum warning signs.

For Women and Their Families and Friends:

 Pregnant/postpartum women identify new health symptoms and tell their health care providers.

White House Blueprint on Maternal Health

 Goal 1.1. Ensure pregnant/postpartum people have comprehensive, continuous health insurance coverage through pregnancy and 12 months following the end of pregnancy, by encouraging states to leverage the American Rescue Plan Act of 2021 state plan option to provide 12 months postpartum Medicaid and Children's Health Insurance Program (CHIP) coverage. We also urge Congress to make 12 months of postpartum coverage mandatory for all state Medicaid and CHIP programs and to close the Medicaid coverage gap.

Committee Activities and Products

Developed White Paper: <u>Expanding the Number of Preventative</u> Postpartum Visits in the Early Postpartum Period.

Provided support for legislative changes related to Medicaid reimbursement for two postpartum visits, as outlined in the HFS Provider Notice: <u>Clarification of Reimbursement for Postpartum Visits.</u>

Developed the <u>Maternal Health Digital Resource Library</u> that includes a variety of infographics and associated <u>Palm Cards</u>. These materials were distributed to health care providers, community organizations, and birthing persons and families. Two postpartum-specific infographics were created:

- Two Postpartum Preventive Visits
- Medicaid Extended Through 12 Months After Pregnancy

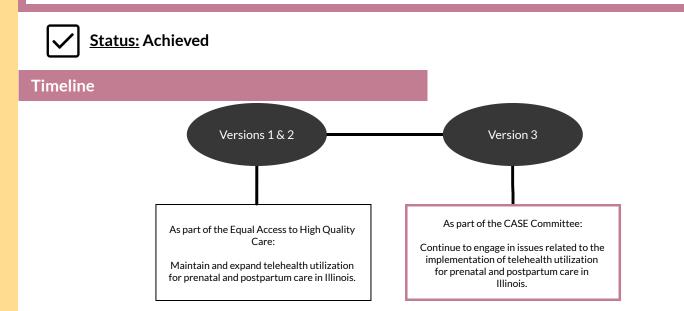
Created/distributed the <u>Maternal Health Bundle</u> to all Federally Qualified Health Centers (FQHCs) in IL to provide updated information on important changes related to the delivery of maternal health care.

Reviewed the IL 2018 Model Medicaid Managed Care Organization (MCO) contract and worked with the Illinois Association of Medicaid Health Plans (IAMHP) to update the <u>Medicaid Provider Toolkit</u> to include information related to the Postpartum Medicaid Extension.

Based on review of the IL 2018 Model Medicaid MCO contract:

- Developed Ensuring High Quality Postpartum Care in the Period Covered by Illinois' Postpartum Medicaid Extension, which proposed the following strategies for leveraging the Postpartum Medicaid Extension:
- Update the MCO Consumer Dashboard to include both Maternal and Women's Health Indicators;
- Develop a Medicaid Postpartum Performance Measurement
 detect for utilization by all Illipsis Medicaid MCOs
- dataset for utilization by all Illinois Medicaid MCOs.

Strategy #2.4: Continue to engage in issues related to the implementation of telehealth utilization for prenatal and postpartum care in Illinois.



Community Access, Systems Equity, and Education

Background

2021 MMRC Recommendations

- For Health Insurance Plans and Managed Care Organizations:
- Should reimburse for telehealth for clinical services not widely geographically available in Illinois.

White House Blueprint on Maternal Health

Goal 1.3. Improve rural obstetric readiness at hospitals and Indian Health Services (IHS) facilities. IHS will develop guidelines and standards for equipment, medication, staff training, and transport to ensure facilities without obstetric units are still "obstetric ready,"...HHS will also identify how telehealth can support rural clinicians managing obstetric and neonatal emergencies.

Committee Activities and Products

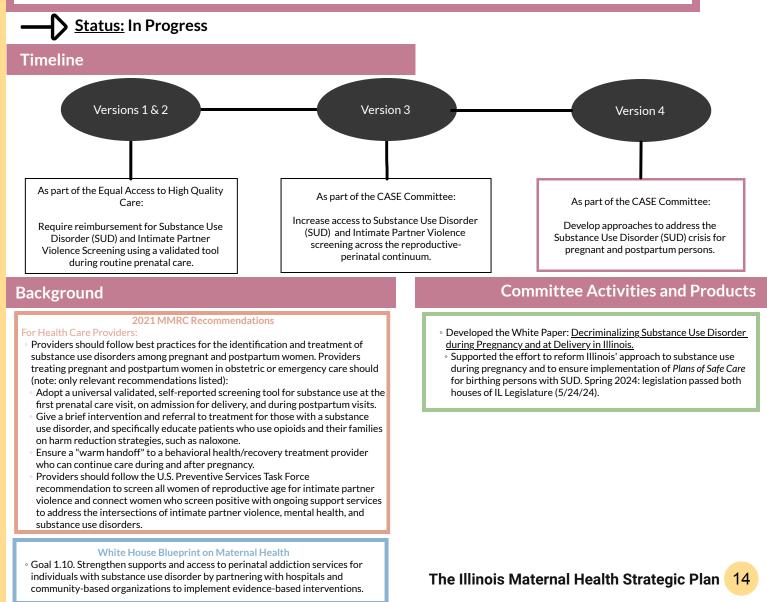
Developed White Paper: <u>Telehealth: A Strategy for Improving Maternal</u> and Infant Health.

Provided support for <u>PA 102-0104</u> (effective July 22, 2021), which requires private insurance companies to make many of the telehealth provisions authorized during the COVID-19 Public Health Emergency permanent.

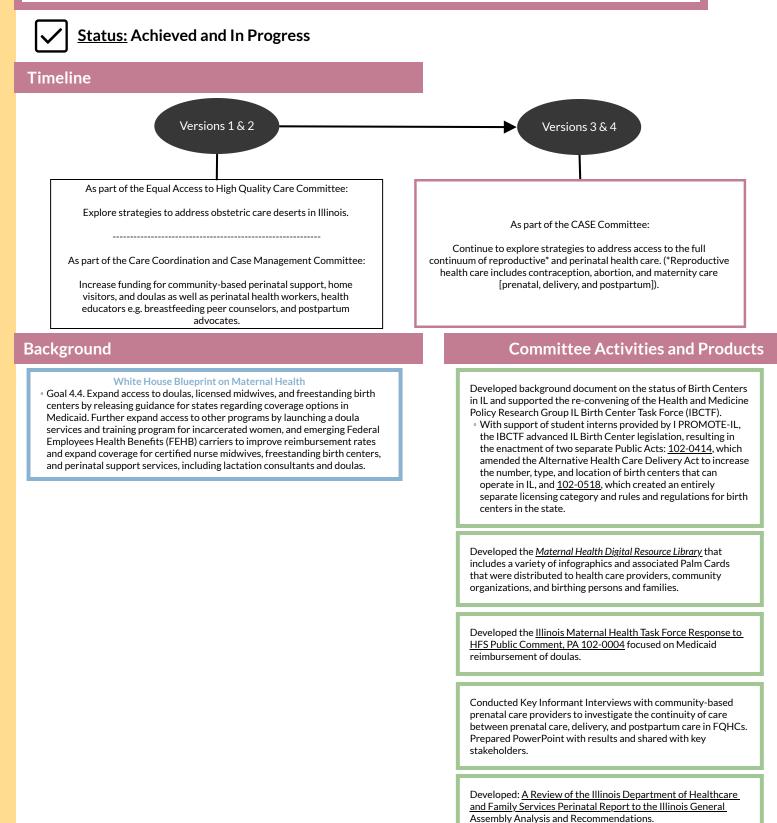
Developed infographics focused on telehealth in conjunction with the Systems Committee of the Task Force on Infant and Maternal Mortality Among African Americans (IMMT). Telehealth infographics included in the <u>Maternal Health Digital Resource Library</u>:

- Best Practices Before a Telehealth Visit
- · Best Practices During a Telehealth Visit
- Best Practices After a Telehealth Visit

Strategy #2.5: Develop approaches to address the Substance Use Disorder crisis for pregnant and postpartum persons.



Strategy #2.6: Continue to explore strategies to address access to the full continuum of reproductive* and perinatal health care. (*Reproductive health care includes contraception, abortion, and maternity care [prenatal, delivery, and postpartum]).



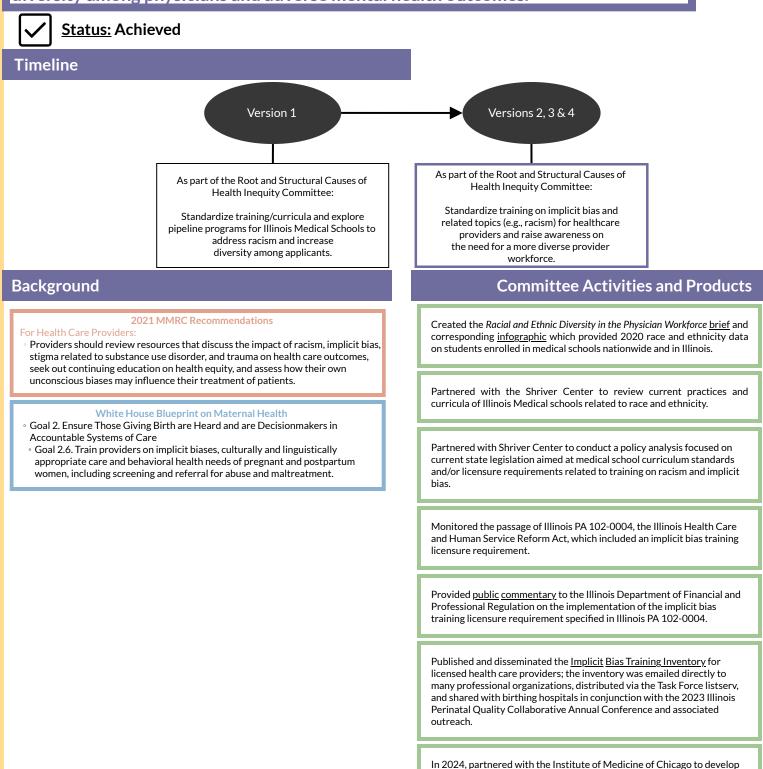


Strategic Priority Area #3: Root and Structural Causes of Health Inequity

Strategy #3.1. Standardize training on implicit bias and related topics (e.g., racism) for health care providers and raise awareness on the intersection between lack of diversity among physicians and adverse mental health outcomes.

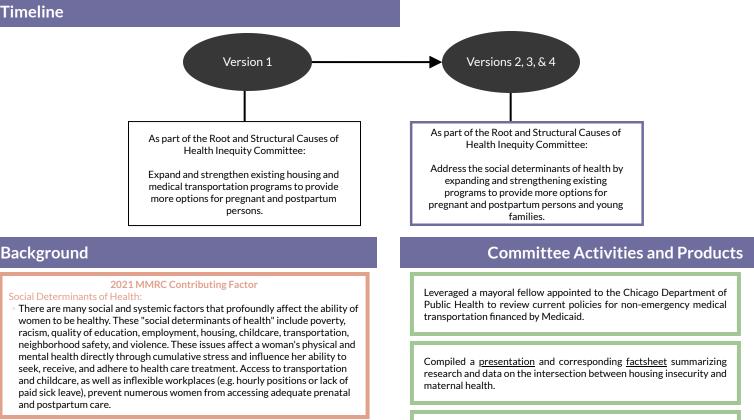
#3

and disseminate a survey to Federally Qualified Health Centers to assess the implicit bias training policies and practices of these centers.



Strategy #3.2. Address the social determinants of health by expanding and strengthening existing programs to provide more options for pregnant and postpartum persons and young families.

Status: Achieved



Successfully advocated for the addition of a maternal health representative to the Illinois Interagency Task Force on Homelessness & Community Advisory Council on Homelessness (also a member of the Illinois Maternal Health Task Force).

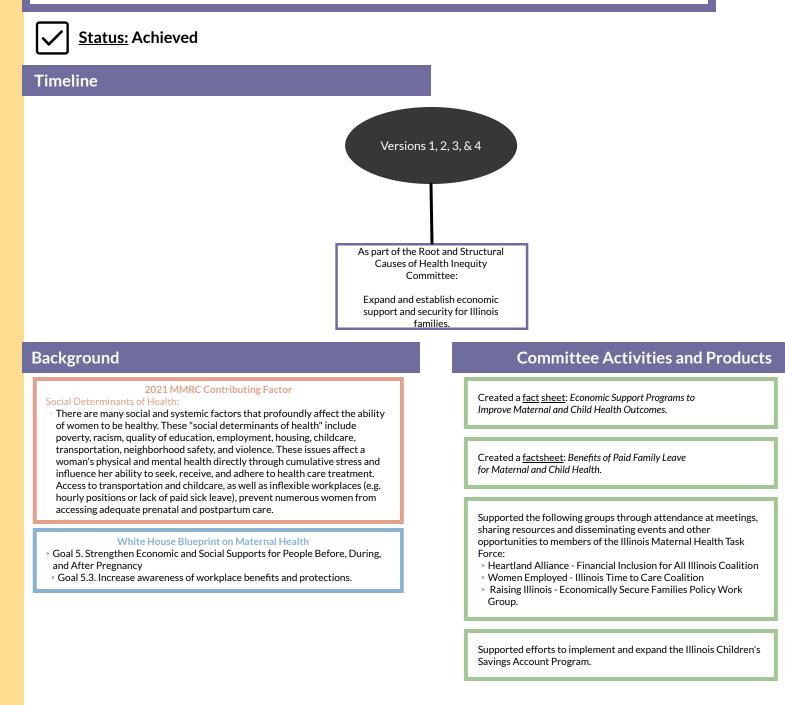
Provided housing presentations on the intersection between housing insecurity and maternal health to various audiences across Illinois.

Partnered with the Collaborative on Child Homelessness-Illinois (CoCHI) administered by the Illinois Chapter of the American Academy of Pediatrics to align efforts and amplify the reach of the resources and events of both organizations.

Partnered with the Illinois Housing Development Authority to plan and host a listening session focused on housing needs and challenges among pregnant and parenting individuals; results of this effort were included in the 2022 Illinois Housing Blueprint.

Supported a successful application for funding to the Pritzker Family Foundation to enable the UIC Center for Research on Women and Gender to complete a housing needs and resources assessment for pregnant individuals and families with children under three years pf age.

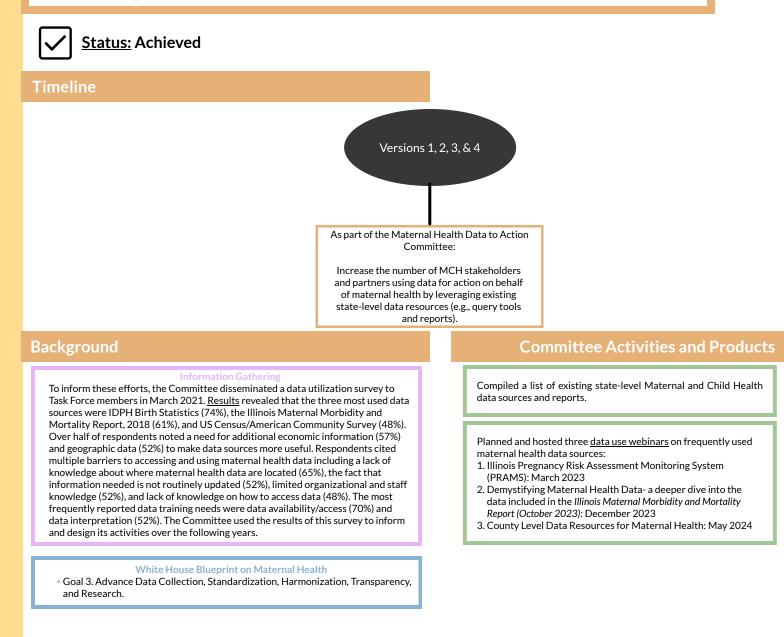
Strategy #3.3. Expand and establish economic support and security for Illinois families.



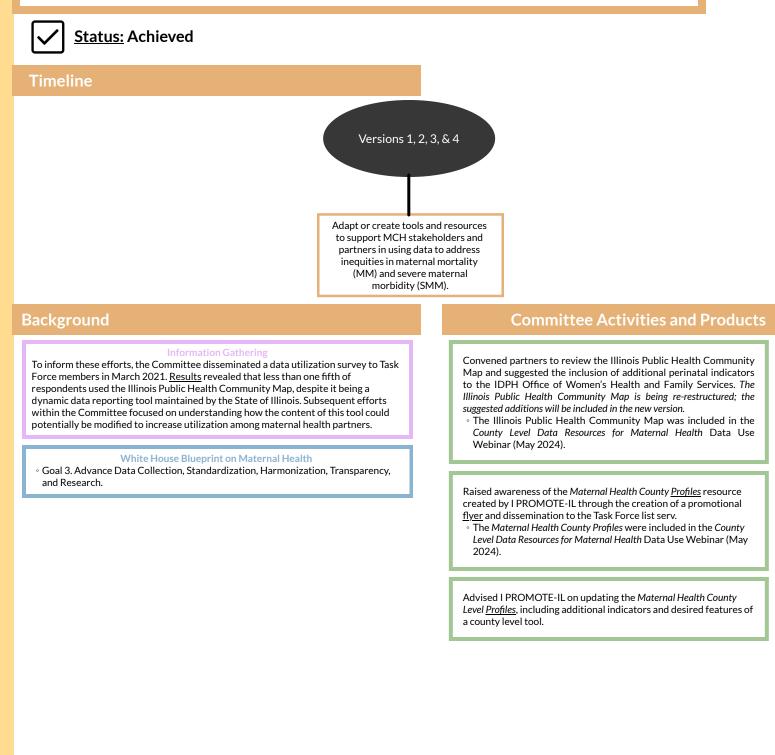


Strategic Priority Area #4: Maternal Health Data to Action

Strategy #4.1. Increase the number of MCH stakeholders and partners using data for action on behalf of maternal health by leveraging existing state-level data resources (e.g., query tools and reports).



Strategy #4.2. Adapt or create tools and resources to support MCH stakeholders and partners in using data to address inequities in maternal mortality (MM) and severe maternal morbidity (SMM).



Acknowledgments

I PROMOTE-IL Team

Rachel Caskey, MD, MAPP- co-Principal Investigator Stacie Geller, PhD- co-Principal Investigator Arden Handler, DrPH- co-Principal Investigator Anne Elizabeth Glassgow, PhD, Executive Director Bianca Harris, BS, Health Coach Abigail Holicky, MPH, Data Manager Amanda Knepper, PhD, MSW, Qualitative Research Specialist Yolanda Manrique, MSW, Social Worker Aida Rodriguez, MSW, Social Worker Lauren Sayah, MPH, Project Coordinator Shirley Scott, DNP, WHNP-BC, C-EFM, CLS, Nurse Manager

The Illinois Maternal Health Task Force

The I PROMOTE-IL team thanks the members of the Task Force who dedicated their time, efforts, and expertise to achieving the work outlined in this Strategic Plan. The success of the Illinois Maternal Health Strategic Plan would not have been achieved without their sustained involvement.

Importantly, not all individuals on the Task Force are or have been involved in every initiative described here. Members may excuse themselves from involvement with certain activities to comply with their organization's rules, especially regarding advocacy or supporting legislation under consideration by the Illinois General Assembly.

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- Illinois Maternal Morbidity and Mortality Report, 2016-2017, Illinois Department of Public Health. (April 2021).
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