

Are you or were you pregnant recently? Want to learn more about Medicaid Mental Health Benefits?

Check out the Illinois Medicaid Managed Care Maternal Mental Health Toolkit

This is a quick guide on:

- How to pick a doctor covered by your plan
- Learn more about supports covered while pregnant, after pregnancy and with your family
- Learn more about treatments covered including therapy, medication

And more!

Are you in crisis and need to talk to someone immediately?

Please reach out to the National Maternal Mental Health Hotline at 1-(833)-852-6262

To learn more, scan the code below with a smartphone.



Don't know your plan? If you do not know which Medicaid Health Plan you have, please contact the Illinois Department of Healthcare and Family Services (HFS) at this number: **(800) 226-0768**.



FIMR
Fetal and Infant Mortality Review
CHICAGO, IL



IAMHP
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